



# 2016 SEPTEMBER LUNCH



## LOWELL COLLEGIATE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
August 29, 2016	August 30, 2016	August 31, 2016	September 1, 2016	September 2, 2016
			MINI CORN DOGS & CHICKEN FUN MIX WITH POTATOES Green Beans Fresh Fruit BBQ Sauce Ketchup Choice of Milk	NO SCHOOL
September 5, 2016	September 6, 2016	September 7, 2016	September 8, 2016	September 9, 2016
LABOR DAY	CHICKEN TENDERS W/SWEET POTATO PUFFS Peas & Carrots Cinnamon Applesauce BBQ Sauce Ketchup Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Peach Cup Choice of Milk	NEW PIZZA!!! CHEESE PIZZA Romaine Lettuce Light Italian Dressing Mixed Fruit Cup Choice of Milk	RIB-B-QUE WG Hamburger Roll Whole Kernel Corn Fresh Fruit Choice of Milk
September 12, 2016	September 13, 2016	September 14, 2016	September 15, 2016	September 16, 2016
MINI CORN DOGS & CHICKEN FUN MIX French Fries Blended Fruit Juice BBQ Sauce Ketchup Choice of Milk	*TRY IT TUESDAY! MEATBALL SUB WG Hot Dog Roll Mediterranean Green Beans Diced Peaches Choice of Milk	CRISPY CHICKEN FILLET WG Hamburger Roll Maple Baked Beans Fresh Baby Carrots Fat Free Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk	*NEW ITEM* CHEESEBURGER MAC Mixed Vegetables Fresh Fruit Choice of Milk	PEPPERONI PIZZA WRAP CHEESEBURGER MAC Light Ranch Dressing Pineapple Tidbits Choice of Milk
September 19, 2016	September 20, 2016	September 21, 2016	September 22, 2016	September 23, 2016
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Peas and Carrots Mixed Fruit Cup Choice of Milk	CHEESE PIZZA Broccoli Pineapple Tidbits Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Golden Potato Rounds Orange Juice Syrup Ketchup Choice of Milk	SANTA FE CHICKEN Tortilla Chips Whole Kernel Corn Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER WG Hamburger Roll Taco Beans Green Pepper Slices Fat Free Ranch Dressing Fresh Fruit Mustard Ketchup Choice of Milk
September 26, 2016	September 27, 2016	September 28, 2016	September 29, 2016	September 30, 2016
PIZZA DIPPERS Marinara Dipping Sauce Garden Vegetables Grape Juice Choice of Milk	TURKEY BURGER WITH POTATO WEDGES WG Hamburger Roll Green Beans Strawberry Applesauce Light Mayonnaise Ketchup Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN Romaine Lettuce Cucumber Coins Light Ranch Dressing Mixed Fruit Cup Choice of Milk	HOT DOG W/ POTATO ROUNDS WG Hot Dog Roll Maple Baked Beans Fresh Fruit Mustard Ketchup (2) Choice of Milk	*AROUND THE WORLD DAY* TASTE OF ITALY! ROTINI BAKE WITH MEATSAUCE Italian Mixed Vegetables Fresh Fruit Lemon Cookie Choice of Milk

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.



### NEW SCHOOL YEAR, NEW MENU!!!

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