



# 2016 SEPTEMBER BREAKFAST



## LOWELL COLLEGIATE CHARTER SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
August 29, 2016	August 30, 2016	August 31, 2016	September 1, 2016	September 2, 2016
			APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Fresh Fruit Choice of Milk	
September 5, 2016	September 6, 2016	September 7, 2016	September 8, 2016	September 9, 2016
	CINNAMON TOAST CRUNCH Strawberry Pancake Square Orange Juice Craisins Choice of Milk	CHEERIOS French Toast Bar Fresh Fruit Choice of Milk	FROSTED FLAKES Chocolate Chip Minis Strawberry Kiwi Juice Fresh Fruit Choice of Milk	FROOT LOOPS Cinnamon Sky Minis Fresh Fruit Choice of Milk
September 12, 2016	September 13, 2016	September 14, 2016	September 15, 2016	September 16, 2016
GOLDEN GRAHAMS CEREAL Cherry Bar Strawberry Kiwi Juice Craisins Choice of Milk	RICE KRISPIES Maple Breakfast Square Orange Juice Diced Pears Choice of Milk	COCOA PUFFS Vanilla Wafers Fresh Fruit Choice of Milk	APPLE JACKS Vanilla Breakfast Square Blended Fruit Juice Diced Peaches Choice of Milk	CINNAMON FLAKES Shortbread Mini Fresh Fruit Choice of Milk
September 19, 2016	September 20, 2016	September 21, 2016	September 22, 2016	September 23, 2016
CINNAMON TOAST CRUNCH Strawberry Pancake Square Orange Juice Applesauce Cup Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Blended Fruit Juice Mixed Fruit Cup Choice of Milk	CHEERIOS French Toast Bar Fresh Fruit Choice of Milk	FROSTED FLAKES Chocolate Chip Minis Strawberry Kiwi Juice Fresh Fruit Choice of Milk	FROOT LOOPS Cinnamon Sky Minis Fresh Fruit Choice of Milk
September 26, 2016	September 27, 2016	September 28, 2016	September 29, 2016	September 30, 2016
GOLDEN GRAHAMS CEREAL Cherry Bar Strawberry Kiwi Juice Craisins Choice of Milk	RICE KRISPIES Maple Breakfast Square Orange Juice Pineapple Tidbits Choice of Milk	COCOA PUFFS Vanilla Wafers Fresh Fruit Choice of Milk	APPLE JACKS Vanilla Breakfast Square Blended Fruit Juice Mixed Fruit Cup Choice of Milk	CINNAMON FLAKES Shortbread Mini Fresh Fruit Choice of Milk

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.



### NEW SCHOOL YEAR, NEW MENU!!!

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